

HAIR CUTTING & STYLING SERVICES

Our philosophy is customised creativity; if you're looking for inspiration, motivation or a complete transformation our innovative team of stylists will create a look that caters for you and your lifestyle.

After a thorough consultation, enjoy a Sensory Journey using natural essential oils and a stress-relieving head & shoulder treatment, prior to your service.

	Consultant Stylist	Master Stylist	Creative Team	Creative Director	Art Director
Women's Cut & Blow Dry	£49	£55	£59	£65	£69
Men's Cut & Finish	£33	£36	£39	£42	£47
Blow Dry	£25	£28	£30	£33	£35
Blow Dry Long Hair	£33	£36	£39	£42	£44
Hair Up <i>(Add 50% for Pre-Service Blow Dry)</i>		£41	£44	£48	£52
Heated Iron Styling <i>(Add to Blow Dry)</i>	£12	£12	£15	£18	£18

HAIR TREATMENT

Colour Glossing Treatment from £45

Choose from either clear gloss or customised colour gloss, a 99% naturally derived treatment to enhance both colour and shine for up to 8 weeks.

Botanical Hair & Scalp RenewalSM Treatment from £65

Comprises scalp & hair analysis, balancing-touch massage, stress-relieving shampoo ritual, hand massage and a blow-dry. Our moisture infusion delivers up to 71% softer, smoother hair: our strength infusion creates hair that is up to 71% more resistant to breakage.

Ask your Stylist/Colourist about the following add-on services.

Add-on Botanical Therapy Scalp Treatment £15

Add-on Botanical Therapy Hair Treatment from £20

COLOUR SERVICES

Aveda's naturally derived colour drenches each strand in sunflower, castor and jojoba oils to maintain hair condition and deliver exceptional shine. Our patented green tea technology helps ensure the most true life tones.

After a thorough consultation our technical team will create a look that is customised for you.

All prices can be quoted before commencement of the service or after a complimentary consultation.

	Consultant Stylist	Master Stylist	Creative Team	Creative Director	Art Director
Full Head Highlights	£99	£109	£119	£129	£135
Half Head Highlights Hairline & Parting	£79	£89	£99	£109	£115
Highlights	£59	£69	£79	£89	£95
Permanent Colour <i>from</i>	£49	£55	£59	£65	£65
Regrowth Tint	£40	£45	£49	£55	£55
Deposit Colour Only <i>from</i>	£45	£49	£55	£59	£59
Enlightener & Toner <i>from</i>	£70	£80	£90	£99	£105

We recommend you book a blow-dry following your hair colour.

MENS COLOUR

	Consultant Stylist	Master Stylist	Creative Team	Creative Director	Art Director
Holiday Highlights <i>from</i>	£35	£39	£42	£45	£50
Natural Tint <i>from</i>	£40	£45	£49	£55	£55
Grey Diffusion <i>from</i>	£25	£30	£35	£40	£40
Sideburns	£19	£22	£25	£28	£28

We require you take a skin sensitivity test 48 hours prior to any colour service if you have not had Aveda Colour in the last 12 months.

Prices are based on the experience and training of our salon professionals

FACIALS

Pure Focus Facial 30 mins £44
A customised facial focusing on either exfoliation, hydration or deep cleansing.

Elemental NatureSM Facial 60 mins £69
75 mins £84

A customised facial based on your specific needs, using essential oils and aromas containing pure flower and plant essences to re-balance the skin.

Outer PeaceTM Blemish Relief Facial 60 mins £69
75 mins £84

A total solution for blemished skin which treats both the symptoms and causes to ensure that skin stays clear.

Botanical Skin Resurfacing Facial 60 mins £69
75 mins £84

A natural alternative to microdermabrasion. This treatment uses the power of Aveda's Tourmaline charged products combined with a high-touch approach to leave the skin with a smoother texture and fewer fine lines and wrinkles.

EmbrightenmentTM Facial 60 mins £69
75 mins £84

Combines the powerful plant technology of the EmbrightenmentTM products and Asian-inspired massage techniques to reduce the appearance of hyperpigmentation, even skin tone, and improve skin clarity.

Add Perfecting Plant PeelTM to this facial £15

Green ScienceTM Anti-Ageing Facial 60 mins £69
75 mins £84

Hands on skin therapy and high tech Green ScienceTM products, clinically proven to minimise lines and wrinkles, replenish the skin's nutrition and give your skin a firmer appearance.

Add Perfecting Plant PeelTM to this facial £15

Perfecting Plant PeelTM Treatment 30 mins £50
course of 3 £135

The Perfecting Plant PeelTM thermal facial masque actively smoothes and re-textures the skin by exfoliating dulling skin cells, smoothing fine lines and wrinkles, evening the skin tone and refining pores to restore youthful radiance to the skin. This treatment offers the benefits of a 30% glycolic peel, without the associated redness and irritation. A course of 3 is recommended.

We recommend you book a blow-dry following your facial.

MASSAGE

Elemental NatureSM Massage	30 mins	£44
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Focusing on the back, neck and shoulders or specific area of your choice

Elemental NatureSM Full Body Massage	60 mins	£65
	75 mins	£79

Custom blended pure essences and massage techniques combine to eliminate general fatigue, and relieve tension and mental stress.

Lava Shells or Fusion Stone Massage	60 mins	£74
	75 mins	£89

Pure flower and plant essences fuse with the sensation of a lava shell or smooth stone massage to balance, soothe and invigorate the body.

ChakraTM Balancing Massage	60 mins	£74
	75 mins	£89

An innovative massage experience combining the Aveda ChakraTM Balancing Blends with deep tissue massage, reflexology work and chakra energy work to reduce stress, decrease muscular tension and increase energy.

Deep Tissue Massage	60 mins	£74
	75 mins	£89

Deep effleurage strokes combine with slow, deep pressure to specific trigger points throughout the body using thumb, finger, palm and elbow, to increase heat and improve circulation.

Pregnancy Massage	60 mins	£74
	75 mins	£89

Assists in relieving discomfort, reducing stress, relieving mental and physical fatigue, as well as improving circulation, which in turn decreases swelling. It also provides an opportunity for the expectant mother to be pampered and nurtured; suitable from 14 weeks until birth of baby.

BODY TREATMENTS

Caribbean Therapy™ Body Treatment 75 mins £79

A rejuvenating and nurturing body treatment that uses the healing touch and plant ingredients of the Caribbean to create inner calm and renew the body and senses. Comprises a dry exfoliation, a smoothing detoxifying seaweed mask, a comforting body wrap and a scalp and face massage, followed by an application of Caribbean body cream using massage movements.

Caribbean Therapy™ Body Scrub 60 mins £69

A stimulating exfoliation treatment that uses sugarcane granules, avocado and passion fruit oils to leave the skin nourished and pure and your mind feeling renewed.

Deep Cleansing Back Treatment 30 mins £49

A facial for your back, that includes deep exfoliation and extractions, to leave skin revitalised and fresh. Perfect if you are having skin challenges on your back, seasonal skin changes or prior to a special occasion.

Rosemary Mint Awakening Body Wrap 60 mins £64

A stimulating and nurturing rosemary and peppermint dry wrap to awaken the senses and a foot treatment to relieve tension; fills the whole body with a deep sense of relaxation.

Aqua Polish 60 mins £64

A full body exfoliation and skin conditioning treatment using a blend of mineral-rich Dead Sea salts and aromas, resulting in conditioned, soft, polished skin.

Self-Renewal Face & Body Experience 75 mins £99

A head to toe experience comprising a nurturing foot & scalp treatment, a fully customised facial and a back massage, designed for total relaxation and skin recovery.

SPA PACKAGES

Spa Packages include a sandwich lunch comprising a healthy ciabatta, fruit salad and fresh juice

WOMEN'S EXPERIENCE

£130

Elemental NatureSM Facial

A customised facial based on your specific needs, using essential oils and aromas containing pure flower and plant essences to re-balance the skin.

Chakra Manicure

A customised manicure, using a blend of Chakra™ balancing aromas, to relieve tension in tired, overworked hands. Includes hand and arm exfoliation with aromatic hot towels and a relaxing hand and arm massage using reflexology points to decrease stress and increase energy.

Blow Dry

Stress relieving head and shoulder treatment, shampoo ritual and blow dry.

MOTHER-TO BE EXPERIENCE

£165

Pregnancy Massage

Assists in relieving discomfort, reducing stress, relieving mental and physical fatigue, as well as improving circulation, which in turn decreases swelling. It also provides an opportunity for the expectant mother to be pampered and nurtured; suitable from 14 weeks until birth of baby.

Chakra Pedicure

A customised pedicure, using a blend of Chakra™ balancing aromas to relieve tension in tired, overworked feet. Includes a leg and foot exfoliation with aromatic hot towels and a relaxing leg and foot massage using reflexology points to decrease stress and increase energy.

Botanical Hair Therapy Moisture Treatment & Blow Dry

Scalp and hair analysis, stress relieving head and shoulder ritual, botanical hair therapy treatment, shampoo ritual and blow dry.

MEN'S EXPERIENCE

£120

Elemental NatureSM Full Body Massage

Custom blended pure essences and massage techniques combine to eliminate general fatigue, and relieve tension and mental stress.

Hair Cut & Finish

After a thorough consultation, enjoy a Sensory journey using natural essential oils and a stress-relieving head and shoulder massage before your service.

Also receive a men's styling product of your choice

MEN'S SERVICES

FACIALS

Pure Focus Facial 30 mins £44

A customised facial focusing on either exfoliation, hydration or deep cleansing.

Elemental NatureSM Facial 60 mins £69

A customised facial based on your specific needs, using essential oils and aromas containing pure flower and plant essences to re-balance the skin.

MASSAGE/BODY TREATMENT

Elemental NatureSM Back Massage 30 mins £44

Back, neck and shoulder massage or the specific area of your choice

Elemental NatureSM Full Body Massage 60 mins £65

Custom blended pure essences and massage techniques combine to eliminate general fatigue, and relieve tension and mental stress.

Deep Tissue Massage 60 mins £74

Deep effleurage strokes combine with slow, deep pressure to specific trigger points throughout the body to increase heat and improve circulation.

Deep Cleansing Back Treatment 30 mins £49

A facial for your back, that includes deep exfoliation and extractions, to leave skin revitalised and fresh.

Aqua Polish 60 mins £64

A full body exfoliation and skin conditioning treatment using a blend of mineral-rich Dead Sea salts and aromas.

MANICURE & PEDICURE

Manicure 30 mins £25

Includes cuticle work & exfoliation

Pedicure 30 mins £32

Includes cuticle work & exfoliation and removal of dead skin

HAIR REMOVAL

Chest *from* £32

Back *from* £32

Brow Shape £16

Brow Tint £15

MANICURES

Inclusive of cutting, filing, buffing, cuticle work and choice of polish.

Express Manicure 30 mins £25

A little luxury for the busy lifestyle; includes soak, file, shape, buff, cuticle work, and polish. Does not include French polish

Chakra Manicure 45 mins £32

A customised manicure, using a blend of Chakra™ balancing aromas, to relieve tension in tired, overworked hands. Includes hand and arm exfoliation with aromatic hot towels and a relaxing hand and arm massage using reflexology points to decrease stress and increase energy.

Caribbean Therapy™ Hand Treatment 60 mins £45

A rejuvenating and nurturing hand treatment to improve the condition of the nails, cuticles and hands. Comprises a special exfoliating paste, warm seaweed mask and Caribbean massage techniques to smooth, soften, relax and renew.

Botanical Skin Resurfacing Hand Treatment 60 mins £45

A natural alternative to microdermabrasion for the hands. This treatment uses the power of Aveda's Tourmaline charged products combined with a high-touch approach, to leave the skin with a smoother texture and increased radiance

Green Science™ Skin Renewing Hand Treatment 60 Mins £45

Experience the Green Science™ manicure that visibly renews and repairs ageing skin, generating skin protection from environmental aggressors and increasing barrier strength. This treatment improves skin smoothness, while lifting and firming the skin. It targets lines and wrinkles and helps to diminish the appearance of age and sun spots.

PEDICURES

Inclusive of cutting, filing, buffing, cuticle work and choice of polish

Express Pedicure 30 mins £32

A little luxury for the busy lifestyle; includes soak, file, shape, buff, cuticle work, and polish. Does not include French polish

Chakra Pedicure 60 mins £45

A customised pedicure, using a blend of Chakra™ balancing aromas to relieve tension in tired, overworked feet. Includes a leg and foot exfoliation with aromatic hot towels, followed by hard skin removal and a relaxing leg and foot massage using reflexology points to decrease stress and increase energy.

Caribbean Therapy™ Foot Treatment 60 mins £49

A rejuvenating and nurturing foot treatment to improve the condition of the nails, cuticles, and feet. Comprises a special exfoliating paste, warm seaweed mask and Caribbean massage techniques to smooth, soften, relax and renew.

Botanical Skin Resurfacing Foot Treatment 60 mins £49

A natural alternative to microdermabrasion for the feet. This treatment uses the power of Aveda's Tourmaline charged products combined with a high touch approach, to leave the skin with a smoother texture and increased radiance. This treatment includes hard skin removal.

WAX HAIR REMOVAL

	Strip Wax <i>from</i>	Hot Wax <i>from</i>
Eyebrow	£16	£19
Lip or Chin	£14	£16
Under Arm	£14	£16
Bikini	£16	£19
Extended Bikini Line	£21	£26
Brazilian	£29	£34
Hollywood	£34	£39
Half Arm	£23	
Half Leg	£23	
Half Leg & Bikini	£35	£40
Full Leg	£35	
Full Leg & Bikini	£44	£49
Chest/Back	£32	

*Avoid applying body moisturiser 24 hours prior to the appointment.
Avoid hot bath, steam, swimming or sun exposure for up to 24 hours
after the appointment*

THREADING

A natural and very precise way of removing unwanted brow and other facial hair. Hair is trapped within the cotton thread, and pulled out using a scissor action; a less painful way of hair removal, suitable for sensitive skin.

Eyebrow	£19
Lip & Chin	£29

TINTING

Brow Tint	£15
Lash Tint	£20
Brow & Lash Tint	£32
Brow & Lash Tint, Brow Shape	£47

We require you have a skin sensitivity test 48 hours prior to any tinting service if you have not had a lash or brow tint with us in the last 12 months.

MAKE UP SERVICES

We use Aveda make-up exclusively, infused with nut-seed pigment, cinnamon, ripe berry and antioxidants.

Make Up Application <i>(Redeemable against same day purchases)</i>	30 mins	£35
Make Up Lesson	60 mins	£55